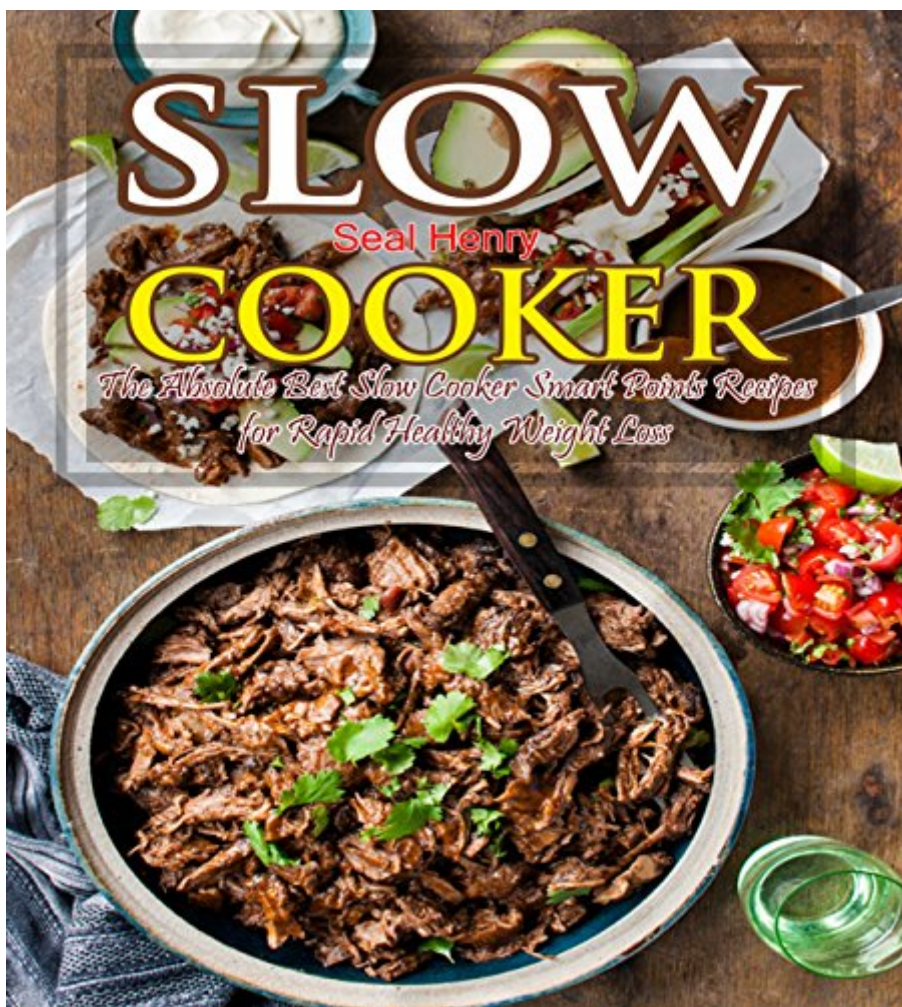


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Slow Cooker Recipes Cookbook: The Absolute Best Slow Cooker Smart Points Recipes For Rapid Healthy Weight Loss



Synopsis

Discover the absolute best slow cooker, smart points recipes for rapid, healthy weight loss. Slow cooker cooking is one of the best things for anyone who wants to lose weight. If you are committed and looking for a healthy lifestyle plan, then this diet plan is for you. Each recipe in this book is carefully measured with smart points, Calories, Carbohydrates, Fat, and protein count, so you don't have to worry about overeating. Grab this book today to find out how easy and super quick it is to lose weight. Please note: weight loss is not about cutting certain foods from your diet; it is about living a healthy lifestyle. Grab Your Copy NOW and change your life today

Book Information

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Customer Reviews

I like the variety of recipes here. Should be something for everyone. As for me, I would have to avoid or change some just due to my limited diet due to health. My husband have started using our slow cooker several times a week. This cookbook has great recipes and lots of helpful tips for general crock pot use. Great purchase!

Another great slow cooker book.. Great recipes.

Great item. Very happy with purchase.

Wonderful help.

Wow! I am impressed! It is well organized, the recipes appear to have been thought out and tested, not just thrown together as so many of the slow cooker cookbooks are. They seem to have a great command of the spice cabinet - meaning the finished dishes will have flavor! And, to top it off, so far I have not found a single recipe that calls for canned soup. The recipes appear healthy, and they use easy to find and healthy ingredients. Normally, when I start looking through this type of cookbook there is not a single recipe that intrigues me. If I am lucky, with some I might find one or two recipes. So far, I have not found a single recipe that does not sound delicious. I am going to start with the Dijon Thyme Pork Roast. For the next holiday, Cranberries (&) Apricots Pork Chops. I'll have to test it out several times before then. Next, I am going to try the Mushroom Red Wine Italian Chicken, followed by the Cumin Coriander Lime Chicken. I think this one is a keeper!

Excellent selection. Clear to follow and great variety of meals.

This book is really amazing and useful book. I just love this book. It's really super. Highly recommended to read this book. Boost to buy it

very sorry I purchased this. Very poorly written and had no pictures and was very incorrect on many recipes.

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